

Governor Mifflin K-4 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
11/1 Chicken Tenders WG Dinner Roll Mashed Potatoes Steamed Carrots Applesauce Cup Assorted Milks	11/2 Pancakes Turkey Sausage Patty Tater Tots Orange Wedges Assorted Milks	11/3 Chicken Quesadilla Salsa, Sour Cream Fiesta Black Beans Pineapple Tidbits Assorted Milks	11/4 Beef BBQ Sandwich (Sloppy Joe) Sidewinder French Fries Steamed Broccoli Apple Slices Assorted Milks	11/5 Corn Dog Nuggets Macaroni and Cheese Baked Beans Diced Peaches Assorted Milks
11/8 Grilled Cheese Sandwich Tomato Soup w/ Crackers Veggies w/ Dip Fresh Fruit Assorted Milks	11/9 Breaded Chicken Drumstick WG Biscuit Steamed Broccoli w/ Cheese Sauce Apple Slices Assorted Milks	11/10 Taco Lettuce/Tomato/Cheese Refried Beans Pineapple & Mandarin Oranges Assorted Milks	11/11 Chicken Nuggets Dinner Roll Mashed Potatoes Peaches Assorted Milks	11/12 French Toast Sticks Scrambled Eggs Celery w/ PB Diced Pears Assorted Milks
11/15 Chicken Patty Sandwich Smile Fries Fresh Veggies w/ Dip Applesauce Assorted Milks	11/16 Italian Hoagie Shredded Lettuce & Tomato Bagged Snack Fruit Cup Assorted Milks	11/17 Cheese Pizza Sticks Marinara Dipping Sauce Carrots w/ Dip Apple Slices Assorted Milks	11/18 Roasted Turkey & Gravy Dinner Roll Potato Filling Warm Cinnamon Apples Pumpkin Dessert Assorted Milks	11/19 Berks Hot Dog Macaroni and Cheese Baked Beans Diced Pears Assorted Milks
11/22 Act 80 Full Day No School for Students	11/23 Act 80 Full Day No School for Students	11/24 In-Service Day No School for Students	11/25  Happy Thanksgiving! No School	11/26 Holiday No School
11/29 Holiday No School	11/30 Shrimp Poppers Warm Biscuit Sweet Potato Fries Assorted Fruit Mini Rice Krispy Treat Assorted Milks	12/1 Taco Lettuce/Tomato/Cheese Fiesta Black Beans Pineapple & Mandarin Oranges Assorted Milks	12/2 French Toast Sticks Scrambled Eggs Hash Brown Cinnamon Applesauce Assorted Milks	12/3 Cheese Lasagna Roll-Up Garlic Bread Stick Side Salad Fruit Cocktail Assorted Milks
Alternate Options PB & Jelly Sandwich Yogurt Bowl	Alternate Options Hamburger/Cheeseburger Yogurt Bowl	Alternate Options PB & Marshmallow Sandwich Yogurt Bowl	Alternate Options Cheese Pizza Yogurt Bowl	Alternate Options Ham & Cheese Sandwich Yogurt Bowl

In accordance with the Federal Law and the U.S. Dept of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability. To file a complaint of discrimination, call (202 720-5964).

All Governor Mifflin students may receive a breakfast and lunch daily at zero cost due to an extension of the USDA's waiver. Money is only needed for ala carte purchases.