



GM Intermediate School Menu



Menu subject to change based on availability of product from our vendors

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 9/20 Hamburger/Cheeseburger Lettuce & Tomato Broccoli Salad Diced Peaches Assorted Milks | 9/21 Chicken Patty Sandwich (Regular or Spicy) Fresh Veggies w/ Dip Apple Slices Assorted Milks | 9/22 Berks Hot Dog Baked Beans Fresh Fruit Macaroni Salad Assorted Milks | 9/23 Chicken Cheesesteak Assorted Sauces Sidewinder French Fries Applesauce Assorted Milks | 9/24 French Toast Sticks Turkey Sausage Celery w/ PB Orange Wedges Assorted Milks |
| 9/27 Chicken Nuggets Dinner Roll Cucumber Slices Fresh Fruit Assorted Milks | 9/28 Pulled Pork BBQ Sandwich Macaroni and Cheese Coleslaw Fresh Veggies w/ Dip Fruit Cocktail Assorted Milks | 9/29 Meatball Sandwich Mozzarella Sticks Carrots Diced Peaches Assorted Milks | 9/30 General Tso's Chicken Vegetable Fried Rice Steamed Broccoli Fresh Fruit Assorted Milk | 10/1 Early Dismissal – Bagged Lunch Ham & Cheese, PB & J Fresh Veggies w/ Dip Fresh Fruit Juice Cup |
| 10/4 Breaded Chicken Drumstick Dinner Roll Scalloped Potatoes Fruit Cocktail Assorted Milks | 10/5 Assorted Hoagies Veggies w/ Dip Baked Snack Apple Slices Assorted Milks | 10/6 Taco Lettuce, tomato, cheese Refried Beans Pineapple Assorted Milks | 10/7 Egg Mc-Mifflin Sandwich Celery w/ PB Warm Cinnamon Apples Pudding Assorted Milks | 10/8 Cheese Ravioli Garlic Bread Side Salad Fresh Fruit Assorted Milks |
| 10/11 In-Service Day No School for Students | 10/12 Chicken Quesadilla Sour cream, Salsa Fiesta Beans and Rice Pineapple Tidbits Assorted Milks | 10/13 Hot Ham & Cheese Croissant Tomato Soup, Goldfish Crackers Veggies with Dip Apple Slices Assorted Milks | 10/14 Pancakes Scrambled Eggs Hash Brown Fresh Fruit Assorted Milks | 10/15 Cheese Lasagna Garlic Knot Side Salad Applesauce Assorted Milks |

Daily Alternates: Cheese Pizza, Cold Sandwiches, or Yogurt Meal.

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